

Refresh Rec's R6's Indoor Tournament Rules and Guidelines

Format:

1. Women's Height (2.24m)
2. **Pool play**, best of 1 set to 25 points, cap 27.
3. **Play-offs**, best of 3 sets: 25, 25, 15 ; cap 27 and 17 respectively.
 - a. **Back-door playoffs FIRST GAME**, best of 3 sets: 25, 25, 15 ; cap 27 and 17 respectively.
 - b. Back-door playoff matches **after the first game** will be one set to 25, cap 25.
4. 12 substitutions limited per set.
5. Teams must both report scores after each match or before they exit the gym
6. Results will be based on matches won, any ties will be broken by games won & lost between the respective teams, if there is still a tie it will be on total points won.

Team Composition:

1. 6 players are a complete team (3 female-identifying players and 3 male-identifying players). A team can play with minimum 5 members, a team will forfeit the first set if 4 or less players are on the court 10 minutes after the game starts. If after 30 minutes the team is still incomplete it will be considered a complete match default & lose the second game 0-25.
2. Sub(s) must play at least one pool play game, for the same team, to be eligible for the playoffs
 - a. Maximum 9 players per roster
3. Teams scheduled to referee must be present and call fouls without bias committed by players for both teams.
4. To be eligible to play in the tournament all players must have signed an online waiver. Team captains who do not fill out the online team roster within the allotted time will have their team removed from the schedule until they do so and all players have signed the waiver.
5. All players will conduct themselves in a sportsmanlike and respectful manner. Individuals who do not abide by these criteria will be removed from the tournament.

Gameplay:

1. Block does not count as a touch.
 - a. Male-identifying players may **NOT** block female-identifying players
2. Open-handed service reception permitted.
3. A service order must be established and maintained.
 - a. There is no distinction between front and back row.. Any player may attack and block.
4. Male-identifying players must attack from behind the 3m line
5. The ball must pass over the net & completely between the antennae to remain in play. If there are no antennae the net metal pole is the gauge.

6. Multiple contact is allowed on the first contact if it occurs during one motion in an attempt to play the ball.
7. The ball may be contacted with any part of the body.
8. For safety, play is dead when the ball crosses into the plane of the next court.
9. The on-court Captain of each team shall resolve dispute(s) between themselves before approaching the League Coordinator.
 - a. If there is a dispute on a call, re-serve the play. Contact an Event Coordinator for clarification of the rules after the match is completed.