

Refresh Rec's R4's Grass Tournament Rules and Guidelines

Format:

1. **Pool play**, best of 1 set to 25 points, cap 27.
2. **Play-offs**, best of 3 sets: 21, 21, 15 ; cap 23 and 17 respectively.
 - a. **Back-door playoffs FIRST GAME**, best of 3 sets: 21, 21, 11 ; cap 21 and 11 respectively.
 - b. Back-door playoff matches **after the first game** will be one set to 25, cap 25.
3. Teams must call their own fouls
4. Teams must both report scores after each match
5. Results will be based on matches won, any ties will be broken by games won & lost between the respective teams, if there is still a tie it will be on total points won.

Team Composition:

1. 4 players are a complete team (2 female-identifying, and 2 male-identifying players). A team can play with a minimum of 3 members. A team will forfeit the first set if 2 or less players are on the court 10 minutes after the game starts. If after 30 minutes the team is still incomplete it will be considered a complete match default & lose the second game 0-25.
2. Sub(s) must play at least one pool play game, for the same team, to be eligible for the playoffs
 - a. Maximum 6 players per roster
3. To be eligible to play in the tournament all players must have signed an online waiver. Team captains who do not fill out the online team roster within the allotted time will have their team removed from the schedule until they do so and all players have signed the waiver.
4. All players will conduct themselves in a sportsmanlike and respectful manner. Individuals who do not abide by these criteria will be removed from the tournament.

Gameplay:

1. Block does not count as a touch.
 - a. Male-identifying players may **NOT** block female-identifying players
2. Open-handed service reception permitted.
3. Beach rules for attacking,
 - a. Open-handed tips are NOT ALLOWED
 - b. You must be square (i.e. Your shoulders must be facing the direction you set and you may set forwards or backwards as long as your shoulders are square to the direction of the set)
4. The ball must pass over the net & completely between the antennae to remain in play. If there are no antennae the net metal pole is the gauge.
 - a. For male-identifying players, the volleyball must cross two lines (i.e. If you are inside the 3m line on

your side of the net and playing the ball across the net, it must travel behind the 3m line on the opponent's side)

5. Multiple contact is allowed on the first contact if it occurs during one motion in an attempt to play the ball.
6. The ball may be contacted with any part of the body.
7. For safety, play is dead when the ball crosses into the plane of the next court.
8. The Captain of each team shall resolve dispute(s) between themselves before approaching the League Coordinator.
 - a. If there is a dispute on a call, re-serve the play. Contact an Event Coordinator for clarification of the rules after the match is completed.